

YouQuest Young Onset Dementia Association (YouQuest) improves quality of life for people with young onset dementia (age 40-64) and their care partners. Providing practical daytime support in a public recreation setting, YouQuest strives to address a void for this underserved community in Canada.

While attending a YouQuest service day, participants have an inviting place to engage in meaningful activities co-planned with recreation therapists and volunteers while Care Partners have peace of mind and a full day to maintain work, family life and their own health. Starting in 2018 as a pilot program, YouQuest has established its place in Calgary and has become well known among peer communities across Canada.

YouQuest has an immediate opening for a <u>Recreation Therapist Assistant</u>. This is an occasional contractor position that is critical to the success of the YouQuest Service Day.

What you are responsible for

Reporting as support to the Recreation Therapist Lead during service days, responsibilities include but may not be limited to:

Recreation Therapy Services

- Attend and support all activities for full-service days, or modified service days when required
- Attend coaching and orientation sessions as scheduled
- Provide one-to-one intervention with participants to maximize their potential and to create opportunity for participants to be successful, satisfied and meaningfully engaged in their community
- Prepared to provide leadership to participants, volunteers and YouQuest administrator during a service day in the event of an emergency or incident that requires the Recreation Therapist Lead to direct their attention elsewhere
- Support Recreation Lead(s) in communicating with Care Partners before and after service days regarding participant and service day needs. Share feedback and information with Recreation Therapist Lead(s) and YouQuest Administrator
- Document and share participant information using YouQuest tools

Other Supports Required

- Assist YouQuest Administrator with set-up, transitions and other aspects of the day to ensure smooth transitions for the participants
- Provide guidance and model to volunteers best practices when interacting with participants
- Provide input for student practicum experience and evaluations
- Participate in service-day debriefs and implement feedback as appropriate
- Participate in team meetings
- Actively and positively promote YouQuest to current and prospective stakeholders (participants, volunteers, donors, research groups, etc.)



What you bring to YouQuest

You are energetic, enthusiastic and able to interact with people exhibiting varying stages of their diagnosis. You have previous experience with leading large groups (approx. 20). You are creative and able to implement new activities along with being able to read circumstances with individuals and groups and provide an appropriate response. You are detailed, organized and able to manage multiple tasks at the same time. You are a self-starter, motivated and able to self-direct and can follow policies and procedures relevant to managing confidential and sensitive information. In addition to this, you have the following:

- Recreation Therapy Aide Certificate or equivalent
- Agree to and abide by the Alberta Therapeutic Recreation Association (ATRA) Code of Ethics
- 2+ years experience providing RTA support (can include practicum experience)
- Personal experience or educational training with dementia

How to apply

To apply, please email and cover letter and resume in confidence to Brenda Giroux at <u>careers@youquest.ca</u>. Please include the reference number YQ21002 in the subject line.

Resumes will be reviewed as they are received. This position will remain open until we find the best fit for our team, however, we will be working to fill the position by October 31, 2021.

Only applicants selected for interview will be contacted. No phone calls, please. For more information about YouQuest, please visit <u>www.youquest.ca</u>