



Position: Recreation Health Care Aide

Reports To: Recreation Therapist Lead(s)

Description:

The Recreation Health Care Aide (RHCA) reports directly to the Recreation Therapist Lead and plays an active part in the YouQuest Service Day. While supporting the Recreation Therapist Lead during service days, the RHCA ensures that participant care needs during activities and transitions are effectively supported. In addition, the RHCA is prepared to intervene with participants or support the supervision of the whole group should the Recreation Therapist request it.

Responsibilities:

Responsibilities are broken down according to planning and administration along with service day implementation. Activities may or may not be assigned to the Recreation Health Care Aide. This is intended to be an example of the different types of activity this position may include. Additional responsibilities may be added as required:

Service Day Support

- Attend and support all activities for full-service or modified service days when required.
- Attend coaching and orientation sessions as scheduled.
- Assist with setting up the venue prior to service day start time.
- Assist with clean-up of venue after service day is finished for the day.
- Assists with supervision of participants during arrival and departure to YouQuest
- Participate in carrying out the day's itinerary ensuring seamless transition times.
- Responsible for the provision of personal care for participants, while allowing participants to be as independent as possible
- Provide one-to-one intervention with participants to maximize their potential and to create opportunities for participants to be successful, satisfied, and meaningfully engaged in their community.
- Able to support Recreation Therapy Assistant or Recreation Therapist with specific elements of the day based on experience, expertise, and comfort levels.
- Prepared to provide leadership to participants, volunteers, and YouQuest administrator during a service day in the event of an emergency or incident that requires the Recreation Therapist Lead to direct their attention elsewhere
- Is familiar with and prepared to implement emergency procedures and protocols as directed by Recreation Therapist
- Provide guidance and model best practices to volunteers when interacting with participants.
- Ensures a safe and clean work environment.
- Document and share participant information using YouQuest tools

Planning and Administrative Support

- Support planning and implementation of service days and family events (e.g. picnic and family holiday party)



- Participate in team meetings.
- Reporting any observations or concerns with participants to Recreation Therapist Lead
- Actively and positively promote YouQuest to current and prospective stakeholders (participants, volunteers, donors, research groups, etc.)

Qualifications:

- Health Care aide Certificate or 1st year LPN program completion
- Active registration with the Alberta Health Care Aide Directory
- 2+ years experience working as a Health Care Aide
- Personal experience or educational training with dementia
- Recreation Therapy Aide diploma or certificate considered assets

Skills:

- Energetic, enthusiastic, and able to interact with people exhibiting varying stages of their dementia diagnosis.
- Previous experience with supporting engagement in group settings or one on one
- Comfortable with providing support to participants with activities of daily living throughout the duration of the service day.
- Able to read circumstances and situations with individuals and groups and provide appropriate responses.
- Detailed, organized, and able to manage multiple tasks at the same time.
- Self-Starter, highly motivated, able to self-direct work while managing own time effectively.
- Evidence of following policies and procedures relevant to managing confidential and sensitive information
- Proficient with technology (Microsoft 365, Outlook, SharePoint, Shared Drives, Microsoft Office Suite, inputting information and pulling reports from database systems)

Working Conditions:

This position requires an individual who can adapt and flex with daily circumstances. Conditions include but may not be limited to:

- Personal office space (remote) with own hardware and software to complete the job (laptop/computer, MS Suite, access to the internet, etc.)
- Ability to drive and has own vehicle
- Able to lift up to 25 lbs.
- Able to walk and be active for long periods of time (2+ hours)
- Can tolerate busy and noisy environments
- Available to work the occasional evenings and weekends